

Children's Books Showing Breastfeeding

101 Things to Do with a Baby, by Jan Ormerod. Full-color illustrations by the author. 32 pp. Lothrop, Lee, & Shepard Books, 1984.

Babies: Understanding Conception, Birth, and the First Years, by Robyn Gee. Full-color illus. by Sue Stitt and others. 48 pp. Usborne Publishing, Ltd., 1985.

Babies, Babies, Babies, by Tessa Dahl. 1990.

Question and answer format comparing mammal and non-mammal. Milk from breast or bottle.

The Baby, by Monica Greenfield. Full color illus. by Jan Spivey Gilchrist. 14 pp. Harper Festival, 1994.

A Baby Just Like Me, by Susan Winter. Full-color illus. by the author. 32 pp. Dorling Kindersley, American edition, 1994.

Baby Whales Drink Milk. A science type of book that talks about how humans feed their babies milk, just like whales and other mammals.

The Baby's Catalogue, by Janet and Allan Ahlberg. Full color illus. by the authors. 32 pp. Little Brown and Company, 1982, 1986. British family.

Baby's Day, by Sarah Pooley. Published by Peter Bedrick Books in New York.

ISBN: 0-87226-443-2. It shows various things the baby does through the day with simple words under each picture. On the last page, as the baby is getting ready for bed, the child is nursed with "milk" written under the picture. There are not bottles or pacifiers in this book. The child does drink out of a sippy cup at meals (typical of an older baby).

Baby's First Year, by Debbie MacKinnon. Color photographs by Anthea Sieveking. 26 pp. Barron's Educational Series, 1993.

The Bare Naked Book, by Kathy Stinson. Full-color illus. by Heather Collins. 32 pp. Annick Press, Ltd., 1986.

Becoming, by Eleanora Faison. Ilus. with line drawings by Cecelia Ercin. 30 pp. Eleanora Patterson Press, 1976.

The Best Gifts, by Marsha Forchuk Skrypuch, illus by Halina Below, 32 pp. Whiteside Publishers, Markham, Ontario, Canada, 1998

Betsy's Baby Brother, by Gunilla Wolde. Full-color illus. by the author. 24 pp. Random House, 1975, 1990.

Big Like Me, by Anna Grossnickle Hines. Full-color illus. by the author. 32 pp. Greenwillow Books, 1989.

Breasts, by Genichiro Yagyu, Miller Book Publishers, 1999

A Child Is Born, by Lennart Nilsson. Dell, 1990. Text is for adults, but the pictures of developing fetuses and new babies are a good introduction for children.

Contemplating Your Bellybutton, by Jun Nanao. Kane/Miller. Breastfeeding is portrayed as a natural part of a baby's life.

The Cuddlers, by Stacy Towle Morgan, LLLI. "Captures the warmth and love a family experiences when children are drawn into the security of their parents' bed." (LLL).

Daniel's Dog, by Jo Ellen Bogart. Scholastic Canada. Breastfeeding mother pictured in the course of the story.

Feeding Babies, by Chiyoko Nakatani. Full-color illus. 24 pp., Puffin Books, ISBN: 0-14-050-381-1. A collection of small babies feeding, e.g., a giraffe, hippo, etc., ending with a human baby breastfeeding.

The First Family, by Michael Twinn. Full-color illus. by Annie Kubler. 24 pp. Child's Play (International) Ltd., 1994.

Gerald the Third, by Faye Early Young. LLLI, 1977.

Happy Birth Day! by Robie H. Harris, illustrations by Michael Emberly, Candlewick Press, 1996
It is written as if a mother is telling a child about the day they were born.

Honey Paw and Lightfoot, by Jonathan London. About a bear and her cubs.

How Babies Are Made, by Andrew C. Andry and Steve Schepp. Illus. with full color paper cuttings by Blake Hampton. 84 pp. Little, Brown & Co., 1968. Revised 1979.

How I Was Born, by Marie Wabbes. Full-color illus. by the author. 26 pp. Tamburine Books, 1991.

How Was I Born? by Lennart Nilsson and Lena Katrina Swanberg. Illus. with full-color photographs by Lennart Nilsson. 80 pp. Delacorte Press, English language edition, 1994. Originally published in Sweden 1993.

How You Were Born, by Joanne Cole. Illus. with full color photographs by Margaret Miller. 48 pp. Morrow Junior Books, 1993.

I Am a Little Giraffe; I Am a Little Hedgehog; I Am a Little Kangaroo; I Am a Little Pig; I Am a Little Whale, All five above: Francois Crozat, Barron's Educational Series, 1995-1997 All these are narrated by the baby animal, and all have at least one mention of nursing. In *I Am a Little Pig*, the mommy pig has more babies than nipples, and the baby pig that tells the story is bottle-fed by the farmer's daughter, while all its siblings nurse.

If My Mom Were a Platypus: Animal Babies and Their Mothers. By Dia L. Michels, Platypus Media, Washington DC, 2001 (www.PlatypusMedia.com)

I Love My Mommy Because, by Laurel Porter-Gaylord, Dutton Children's Books, NY, 1991.
It has a few human mother/child pairs, but mostly animals. It has all the reasons the child loves the mother. The illustration for the page "because she feeds me" is a nursing sheep and lamb.

It's My Birthday, by Shigeo Watanabe, Philomel Books, 1988. A popular series about a bear and his friends continues with Bear's fourth birthday. A photo album is his gift from his grandparents, with photos going back to before Bear was born. One photo is of mother bear nursing the newborn baby bear (it's a big brown bear in pink pajamas with a pink nipple hanging out!)

The Last Puppy, by Frank Asch. Simon and Schuster, 1980.

Look what I see! Where can I be? In the neighborhood. By Dia Michels, Platypus Media, Washington DC 2001 (www.PlatypusMedia.com)

Maggie's Weaning, by Mary Deutschbein. Illus. with black-and-white photographs by the author. 24 pp. Moon Gold Press, 1993. "A delightful, child's-eye view of the nursing experience as seen through the eyes of brand-new big sister Maggie." (LLL).

Mama, Daddy, Baby and Me, by Lisa Gewing. Illus. in black and white and full color by Donna Larimer. 30 pp. Spirit Press, 1989.

Mama's Bed, by Jo Ellen Bogart and Sylvie Daigneault. Scholastic Books.

Michele, the Nursing Toddler, LLLI No. 253

Mommy Breastfeeds our Baby, by Teresa Carroll. color illus. by Linda Gray. 22 pp. NuBaby, Tuscaloosa, AL, 1993. "Helps children to understand breastfeeding as a natural and special way to feed the new baby." (LLL).

My Mama Needs Me, by Mildred Pitts Walter. Full-color illus. by Pat Cummings. 32 pp. Lothrop, Lee & Shepard Books, 1983.

The New Baby, by Fred Rogers. Full-color photographs by Jim Judkis. 26 pp. G.P. Putnam's Sons, 1985.

Oh, Baby! by Sara Stein. Illus. with full-color photographs by Holly Anne Shelowitz 43 pp. Walker & Co. 1993. Color photos of birth to one year. Multi-cultural. No Bottles. Caption for nursing picture, "No one has to teach them how to drink!"

Once upon a Time, by Gwenda Turner. Full-color illus. by the author. 28 pp. Viking, 1990.

One Round Moon and a Star for Me, by Ingrid Mennen. Full color illus. by Niki Daly. 32 pp. Orchard Books, 1994. Set in rural south Africa.

Only the Cat Saw, by Ashley Wolff. Full-color illus. by the author. Walker and Company, 1996. Nursing is incidental to story of a cat who sees all the activities of a family. Nursing Mom and illustration of a person on a toilet got this book censored in some places.

Our New Baby, by Frank Endersby. Full-color illus. by the author. 12 pp. Child's Play (Intl) Ltd., 1985.

Over the Green Hills, by Rachel Isadora, Greenwillow Books, 1992. Set in South Africa. Nursing is incidental to story—younger sister is fed several times during story. Good example of baby wearing (toddler really) and extended nursing.

The Pirate Queen, by Emily Arnorld McNully. A book for older children or read-aloud book, with a wonderful illustration of a nursing mother.

Rosie's Babies, by Martin Wadell and Penny Dale. Candlewick Press.

The Same but Different, by Tessa Dahl. Viking Kestrel, 1988.

Silent Night, Illustrated. by Susan Jeffers. Published in the United States by E.P. Dutton. Published simultaneously in Canada by Fitzhenry & Whiteside Limited, Toronto, A Unicornpaperback 1988. ISBN 0-525-44431-9. The words are those of the traditional Christmas carol. It depicts Mary discreetly breastfeeding baby Jesus.

See How You Grow. A Lift-the-Flap Body Book, by Patricia Pearse. Full-color illustrations by Edwina Riddell. 32 pp. Barron's Educational Series, Inc., U.S. Edition, 1988.

The Story of Christmas: Words from the Gospels of Matthew and Luke, Illustrated by Jane Ray. 24 pp. U.S. edition: Dutton Children's Books, 1991. Originally published in 1991 in Great Britain by Orchard Books, the Watts Group, 96 Leonard Street, London EC2A 4RH. Spanish edition available. ISBN 0-525-44768-7 This is the story of the Nativity straight out of the bible. The illustrations are incredible! All the colors are so vivid and the metallic gold accents make the pictures just dazzling.

A Teeny Tiny Baby, by Amy Schwartz. Full-color illus. by the author. 32 pp. Orchard Books, 1994. It's "told by" the newborn ("I am a teeny tiny baby. Mom and Dad cater to my every need.") and one sequence shows the mother nursing in many different locations in the house, ending up with a scene of her nursing in the middle of the night with all the lights off but where she is.

That New Baby. An Open Family Book for Parents and Children Together, by Sara Bonnett Stein. Illus. with black-and-white photographs by Dick Frank. 48 pp. Walker and Co., 1974.

That's My Baby? by Andrea Wayne Von Konigslow. Full-color illus. by the author. 24 pp. Annick Press, Ltd., 1986.

Topsy and Tim and the New Baby, by Jean and Gareth Adamson. Full-color illus., 24 pp. Blackie Childrens Books, ISBN 0-216-93136-3. Topsy and Tim's friend Tony has a new baby brother. Topsy and Tim are keen to help out. Illustration of Tony's mother feeding the baby.

We Have A Baby, by Cathryn Falwell. Full-color illus. by the author. Clarion Books, 1993. Shows a family with a new baby in a very nurturing way. Each page is "a baby to xxx" (hold, bathe, love, feed, etc.)--the "feed" page shows the mom nursing the baby while snuggling with the older child.

We Like to Nurse, by Chia Martin. Full-color illus. by Shukyo Lin Rainey. 30 pp. Hohm Press, 1995. "Presents breastfeeding as a natural part of life for many different kinds of animals" (LLL).

Welcome, Little Baby, by Aliki. Full color illustrations by the author. 24 pp. William Morrow, 1987.

Welcoming Babies, by Margy Burns Knight. Full-color illus. by Anne Sibley O'Brien. 38 pp. Tilbury House, 1994. A wonderful multicultural book for children about different traditions around the birth of new babies. Depicts twins, a baby in an incubator, and an adopted baby. It does show a father giving a bottle to a new baby with no mention of the mother, so perhaps he is a single father. There is a lovely drawing of a mom sitting on the ground nursing her baby (in Maine) while the dad and older sibling dig a hole to plant a tree for the new baby.

When I Was a Baby, by Catherine Anholt. Joy Street Books, Boston, 1989.

When You Were a Baby, by Deborah Shaw Lewis and Gregg Lewis. Color photographs by the authors. Design and hand tinting by Gary Gnidovic. 48 pp. Peachtree Publishers, 1995.

Where Did I Come From? The Facts of Life without any Nonsense and with Illustrations, by Peter Mayle. Full-color illus. by Arthur Robins. 46 pp. Carol Publishing Group, 1973.

Will There Be a Lap for Me? by Dorothy Corey. Full-color illus. by Nancy Poydar. 24 pp. Albert Whitman & Co., 1992. Kyle misses his time on mother's lap while she is pregnant and is happy when the birth of his baby brother makes her lap available again. African-American family.

Helping Mommy Breastfeed by Janis Wood Catano pp. 15 International Childbirth Education Association, 1988 www.icea.org 800-624-4934 952-854-8660

Breastfeeding Is Special Amamantar es Especial, 1999 Gateway Maternal and Child Health Consortium, Inc., 201 Lyons Avenue, Floor G-3, Newark, NJ 07112 973-926-7353 \$1.00 each

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